

ABOUT US

Link to Change is an independent charity offering support for children and young people aged 12 to 26 years who are at risk of or have been victims of Exploitation.

Where do we work?

Our services support the communities in Bedfordshire, Luton and Cambridgeshire to provide effective and positive outcomes for children and young people.



LINK TO CHANGE



Contact us for information.

Our services are youth-led with our beneficiaries at the heart everything we do, allowing us to provide a safe environment in which we can empower young people to explore the possibilities for change.

We promote a greater understanding of the exploitation of children and young people.



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OUR VISION IS OF A
WORLD WHERE EVERYONE
CAN LIVE FREE FROM
EXPLOITATION

www.linktochange.org.uk

WHAT IT COSTS

We rely solely on Grants, Trusts and Foundations for our funding. Every penny raised is a penny that counts towards empowering children and young people to live a life free from exploitation.

Our Results

Our children and young people told us.....

- 100% stated the support made a difference to their lives.
- 100% stated they would have been at greater risk without our support.
- 90% stated they had improved relationships at home.

We Helped

In 2018-19 we supported:

- 141 children and young people through 1-2-1 support.
- 616 children and young people through targeted group work and workshops.
- 5485 children and young people through other engagement.



"The support I recieved from Link to Change was amazing. They helped me understand what was happening in my life, they listened to me and most importantly I trusted them"

Jack, 16



1-2-1 Support



It costs an average of £35 for a 1-2-1 support session in a safe environment.

Trips



It costs £2,500 to take children and young people on a trip to build self-esteem and confidence.

Youth Participation



It costs £150 for each Youth Participation session to take place.

Beth's Story

Beth was only 13 when she was sexually exploited by who she thought was her boyfriend who was 16. He raped her in her own home while her parents were downstairs and then passed her over to his 2 associates aged 20 and 23 to do the same a few weeks later. Beth then became involved with other associates who would use her for running drugs as well as sexually abusing her. Beth lived with her mother who was alcohol dependent. Beth suffered isolation and bullying at school when rumours started to circulate about what she was involved in. This then escalated to her displaying aggressive behaviour and post-traumatic stress disorder.

Our Premises



It costs an average of £10,000 per year to keep our premises open.

Support



It costs £370 a day to keep the services running including IT Support, Management and Administration

Projects



It costs on average £51,000 to run one project for one year. With 1 full time specialist exploitation worker providing support to children and young people.